

Closing Your Gaps in Healthcare

SEIB is offering through BCBS, a gap in healthcare premium discount program that encourages healthy habits to support and improve your overall health. You might ask; “What is a gap in care?” National guidelines for managing certain disease processes are recommended to better manage your health. If you are identified as having a “gap in your healthcare”, it means that you are missing one or more of the recommended guidelines, such as a lab test or prescription medication, necessary to manage your health. Year one will focus on the four meaningful healthcare standards listed below.

1. Diabetes, Hemoglobin A1C test
2. Diabetes, lipid test
3. Coronary Artery Disease ACE Inhibitor or ARB medication therapy
4. Coronary Artery Disease Beta Blocker medication therapy with history of prior MI

This program will apply to all active employees, non-Medicare covered spouses and non-Medicare retirees. If previous claims reveal that you have diabetes or coronary artery disease and have not met the required guidelines, you will receive a letter from BCBS outlining the necessary steps required to close your gap in care. Members will have until September 30, 2015 to close their identified gap in care. If you do not meet the requirements, your monthly premium will increase by \$25 per month beginning January 1, 2016. However, you are not required to pay the \$25 per month premium for the entire year if you take the necessary action to close the gap anytime during the year.

If you have questions about your identified gap(s) in care or you specific medical condition, please contact a BCBS clinician at 1.800.551.2294 and press option 5. You can also log on to *myBlueCross* at www.AlabamaBlue.com to view your care reminders.