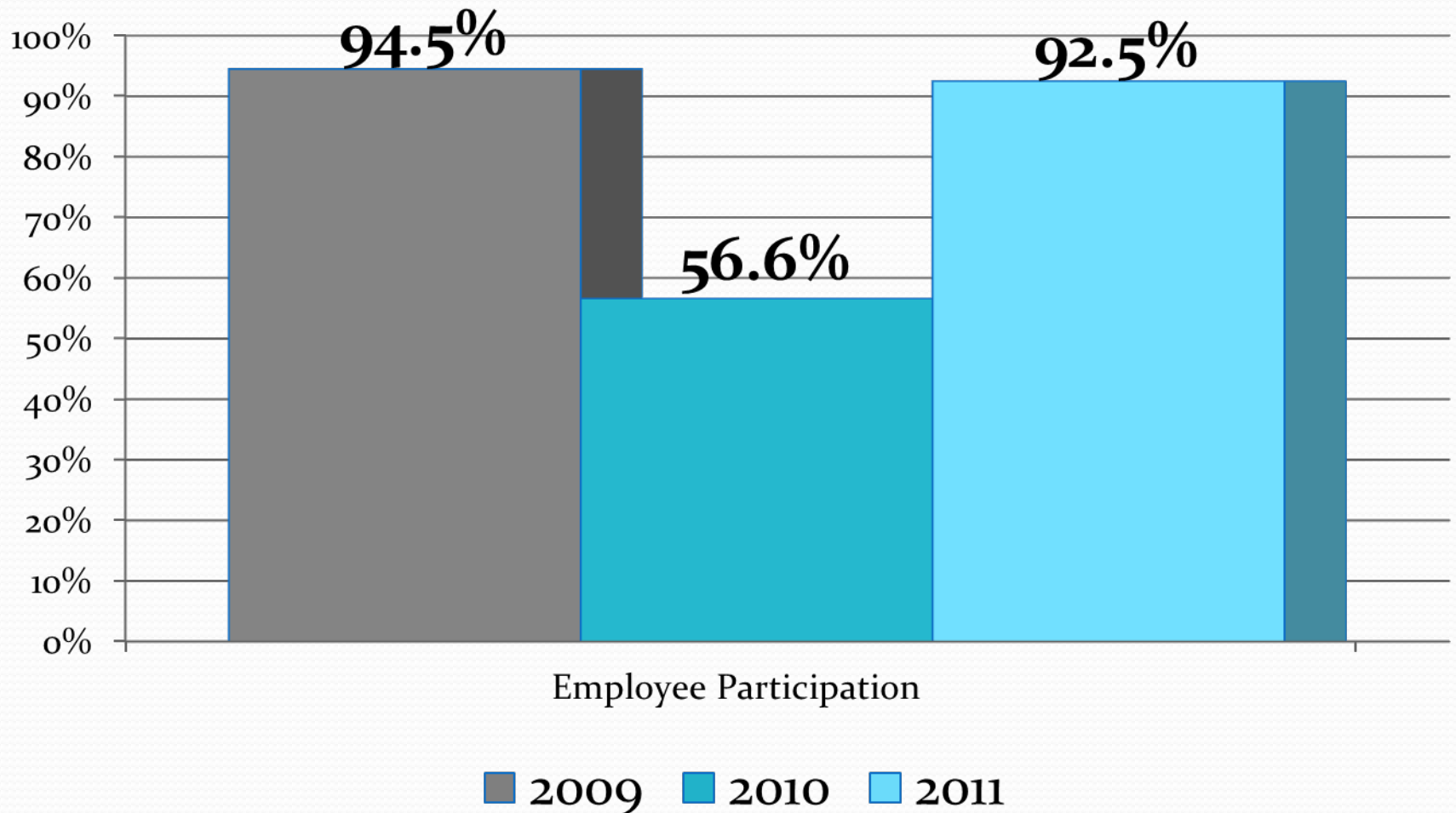


# STATE EMPLOYEES' HEALTH INSURANCE PLAN

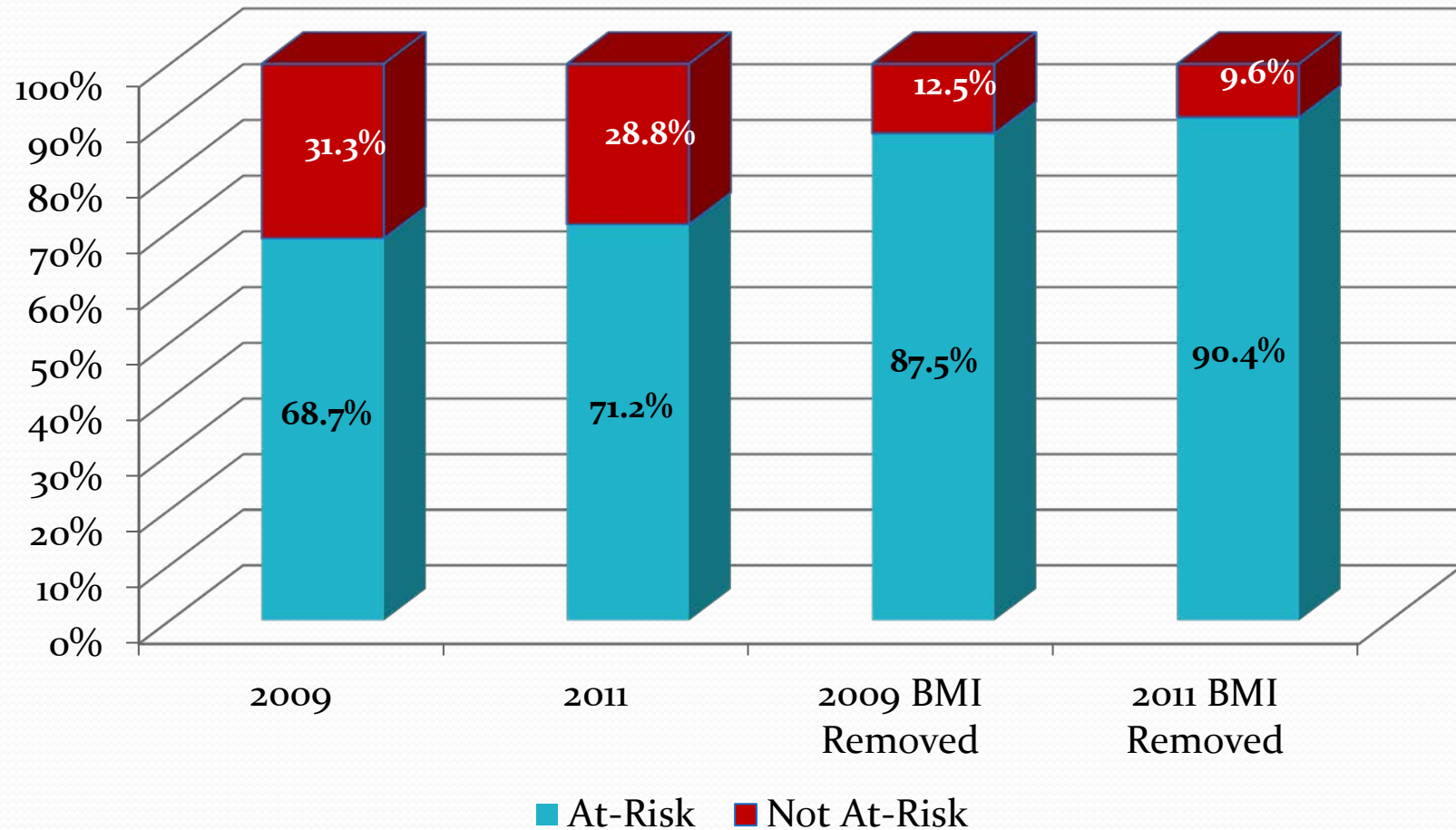
2009 - 2011

Worksite Wellness Screening Results

# State of Alabama Wellness Screening Participation Levels



# State of Alabama Percentage of Employees At-Risk



# State of Alabama

## Improvements in Risk Levels

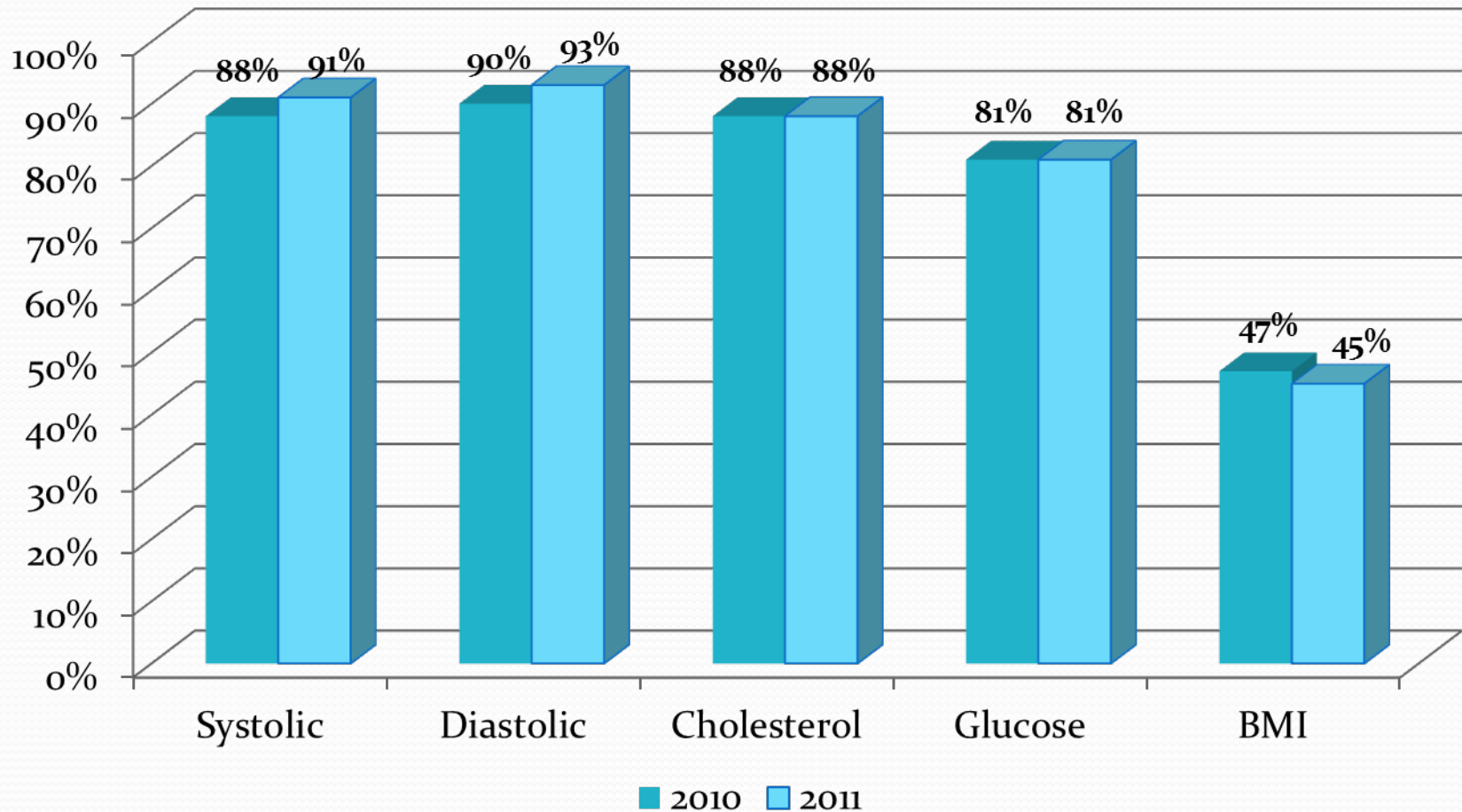
(2009 at Risk Re-screened in 2010 & 2011)

	Pop'l at Risk	Biometric Readings			Risks Reduction (Yr. 1 to Yr. 3)	%
		Year 1 Baseline	Year 2 Follow-up	Year 3 Follow-up		
<b>Blood Pressure:</b>						
Systolic (160 & above)	1,083	171	142	140	(31)	18%
Diastolic (100 & above)	1,154	105	88	86	(19)	18%
Cholesterol (250 & above)	2,125	278	228	227	(51)	18%
Glucose (200 & above)	840	275	192	190	(85)	31%
Body Mass (35 & above)	7,651	40.2	39.6	39.9	(0.3)	0.7%

# State of Alabama

## Percentage of At-risk Population Improved

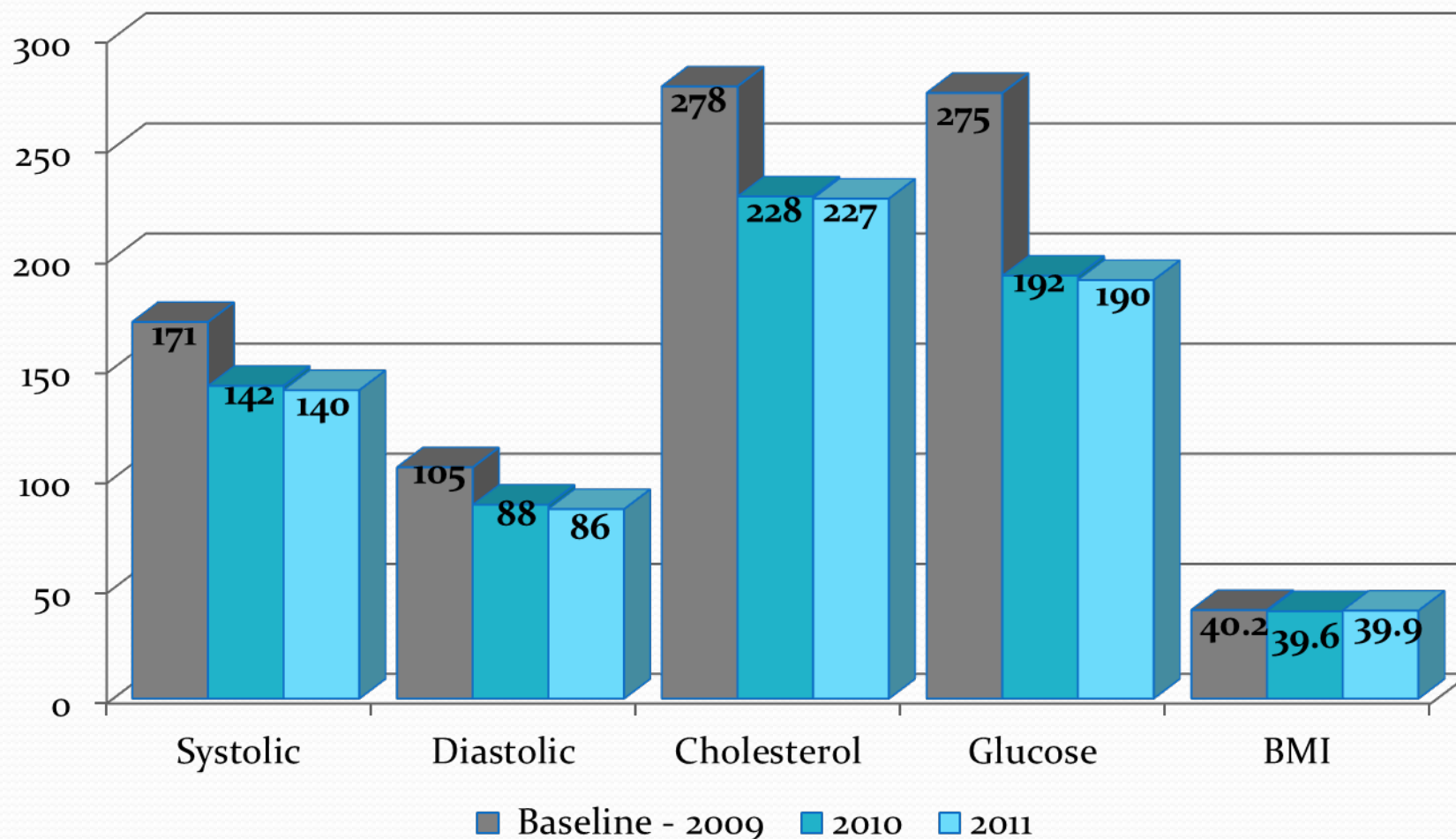
(2009 at Risk Re-screened in 2010 & 2011)



# State of Alabama

## Improvements in Biometric Readings

(2009 at Risk Re-screened in 2010 & 2011)



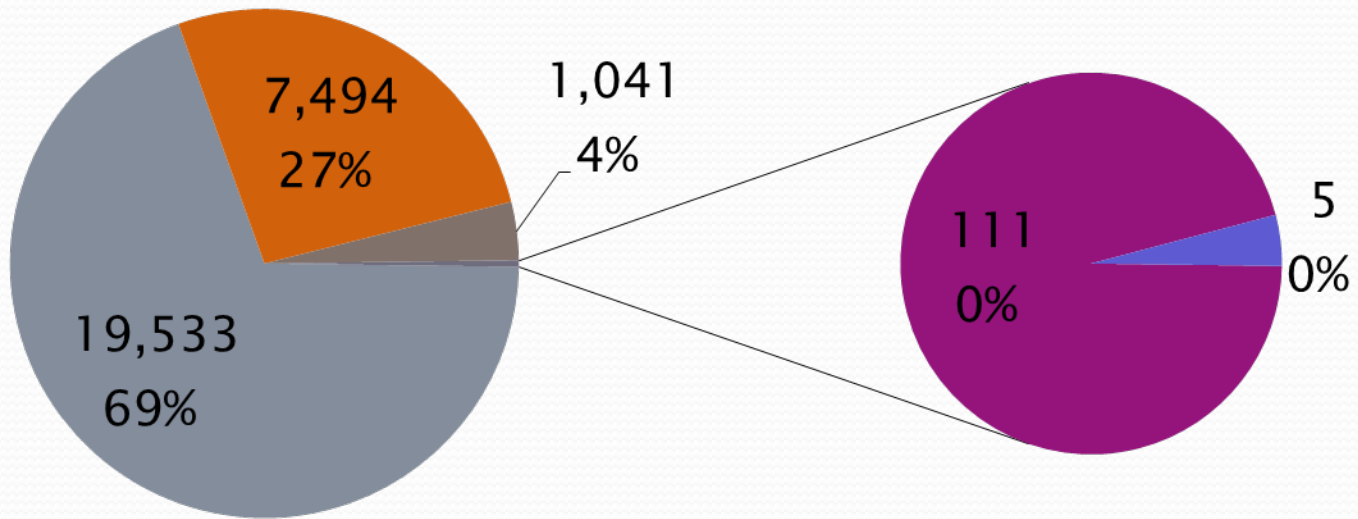
# State of Alabama

## Risk Factors – 2009 Results

(Employees screened in both 2009 and 2011)

### 2009

■ 0 RISK FACTORS ■ 1 RISK FACTOR ■ 2 RISK FACTORS ■ 3 RISK FACTORS ■ 4 RISK FACTORS



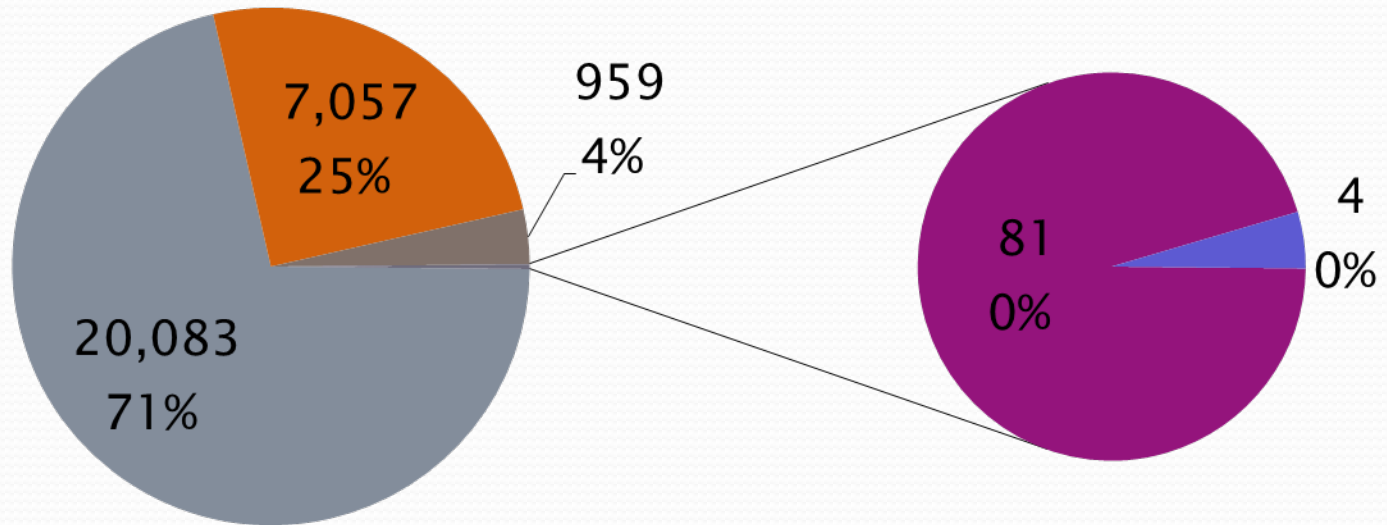
# State of Alabama

## Risk Factors – 2011 Results

(Employees screened in both 2009 and 2011)

2011

■ 0 RISK FACTORS ■ 1 RISK FACTOR ■ 2 RISK FACTORS ■ 3 RISK FACTORS ■ 4 RISK FACTORS

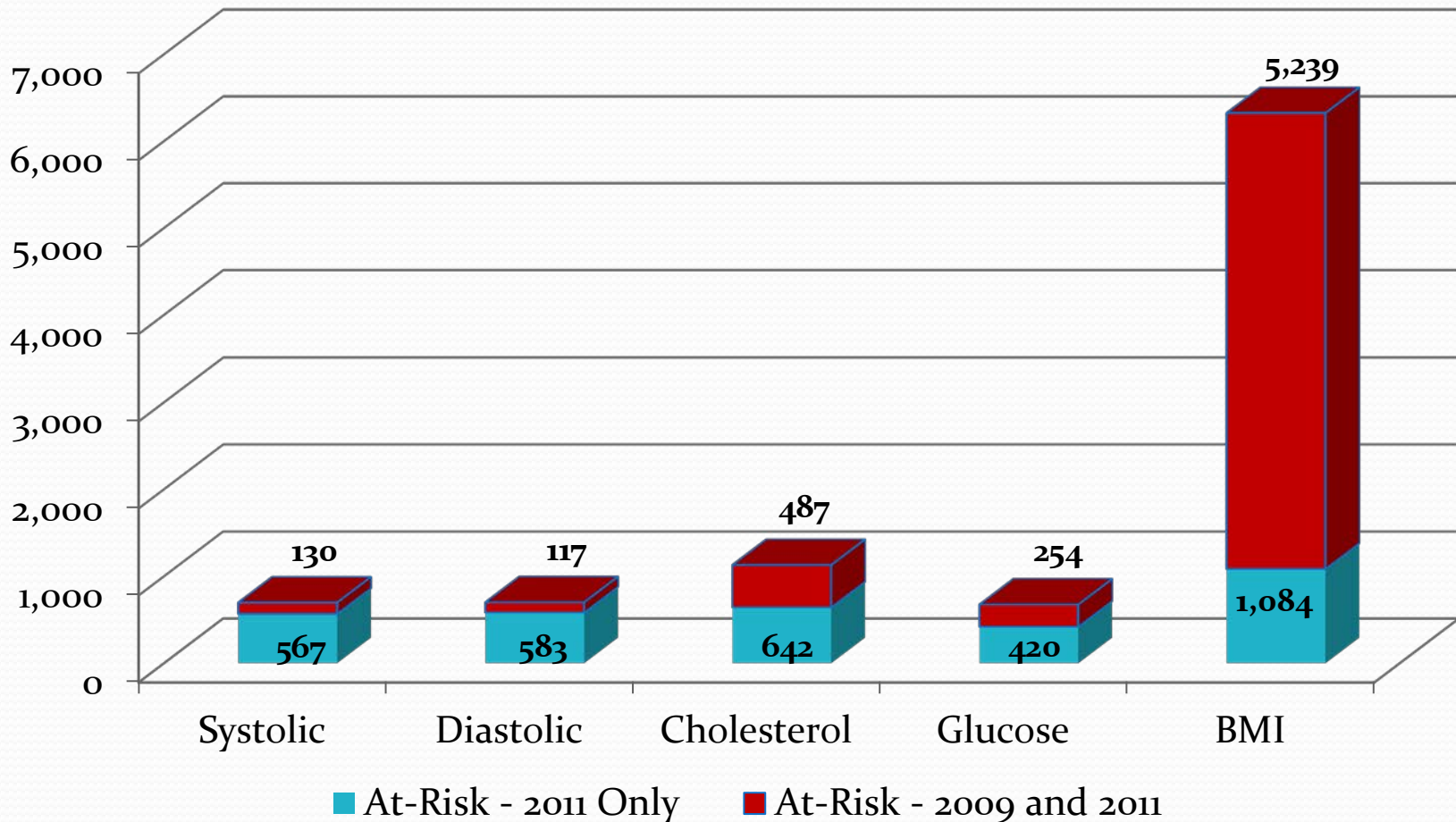




# State of Alabama

## Employees At-Risk in 2011 – Breakdown

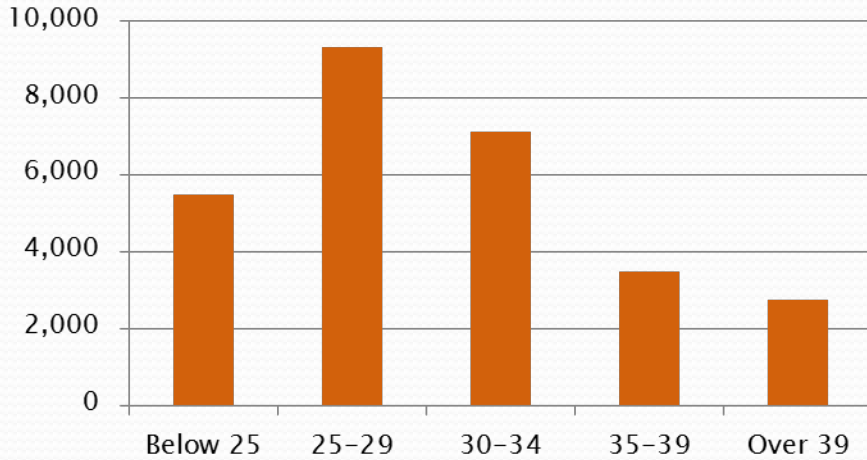
(Employees screened in both 2009 and 2011)



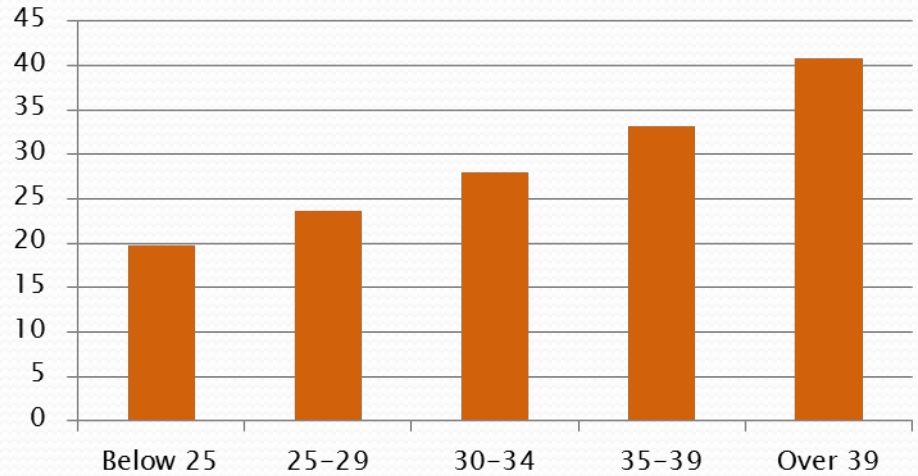
# State of Alabama

## BMI Chronic Conditions – 2011 Results

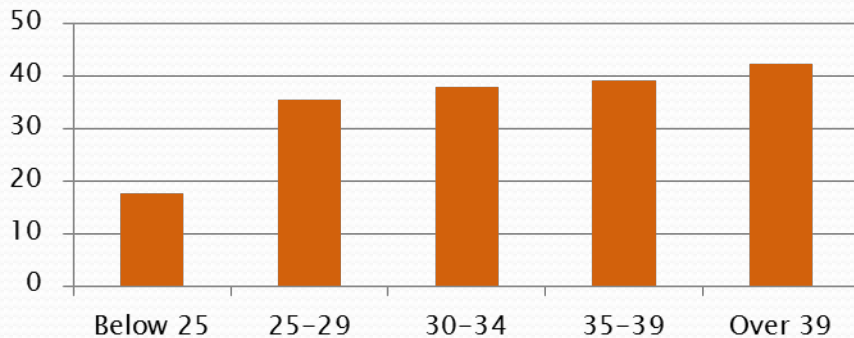
### Employees Screened



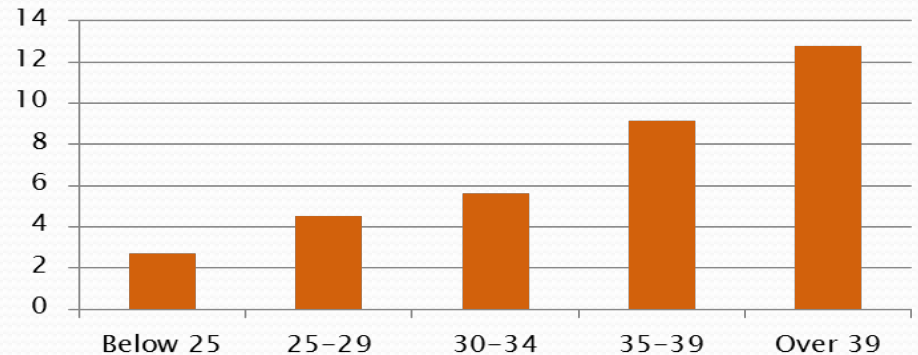
### Asthma per 1,000 Employees in 2011



### Coronary Artery Disease per 1,000 Employees in 2011



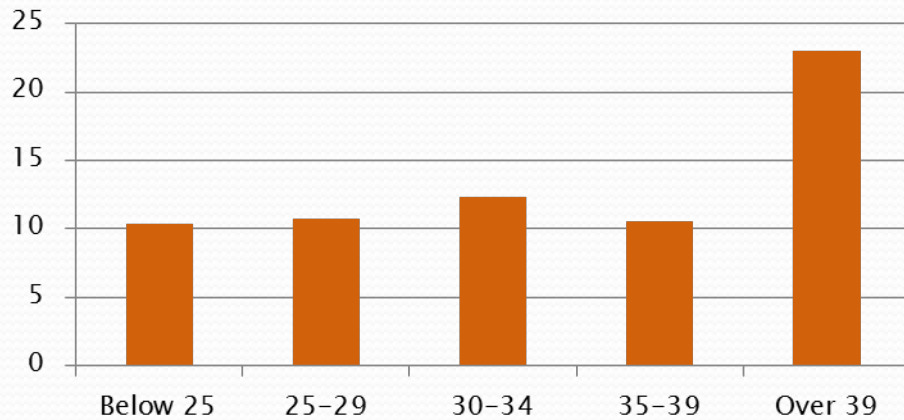
### Congestive Heart Failure per 1,000 Employees in 2011



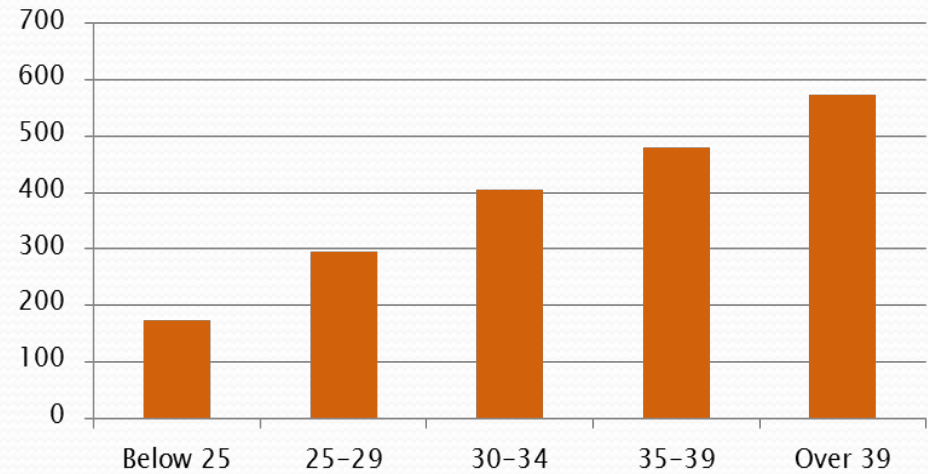
# State of Alabama

## BMI Chronic Conditions – 2011 Results

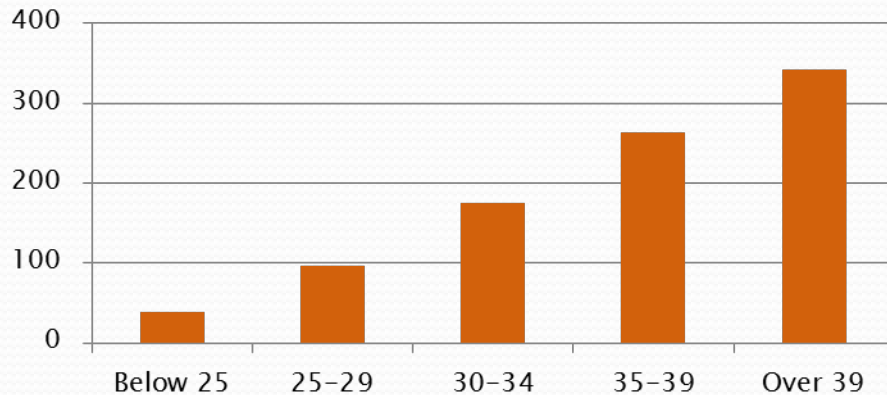
### Complications per 1,000 Employees in 2011



### Hypertension per 1,000 Employees in 2011



### Diabetes per 1,000 Employees in 2011



### Low Back Disorder per 1,000 Employees in 2011

