

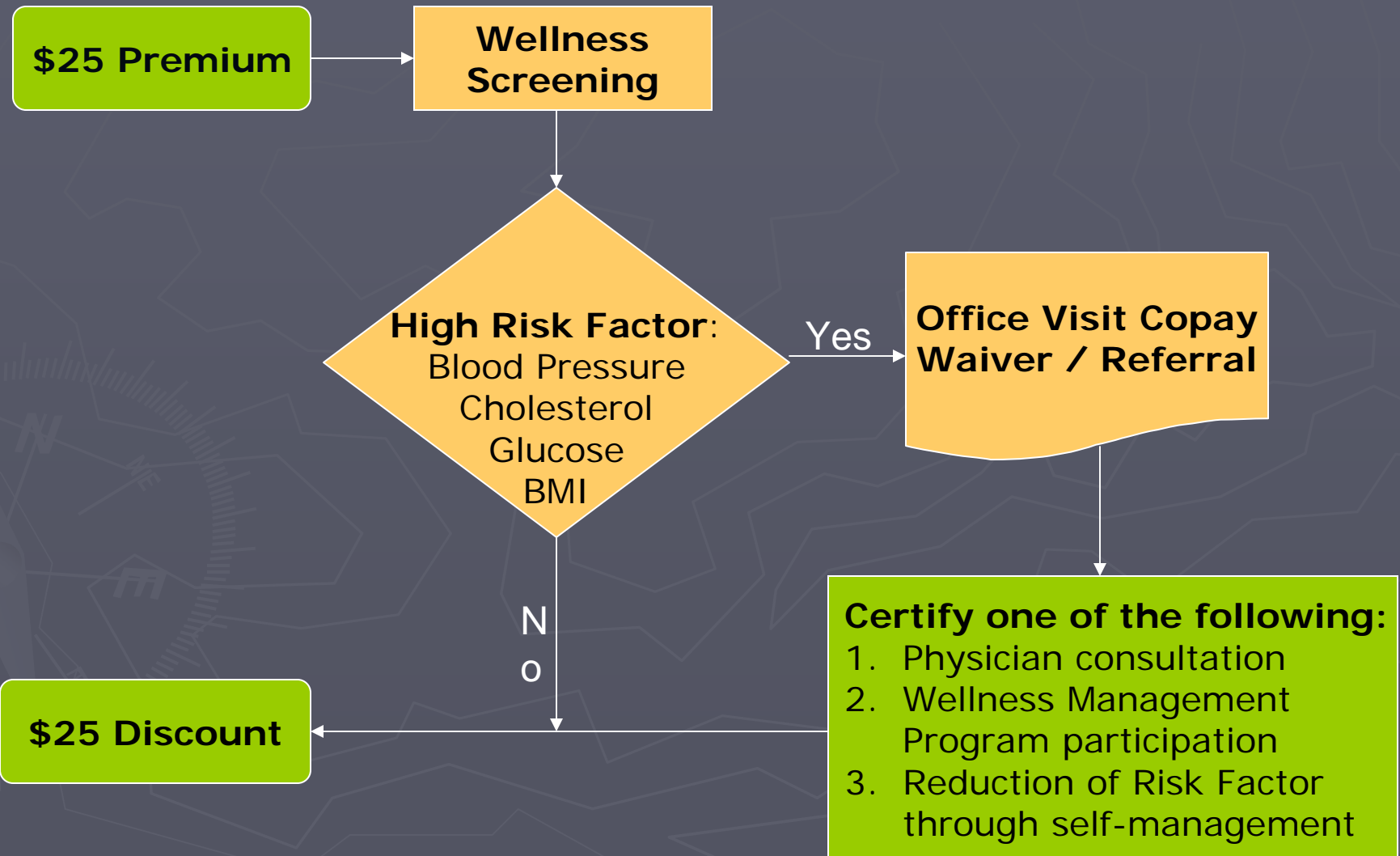
STATE EMPLOYEES' HEALTH INSURANCE PLAN

2009

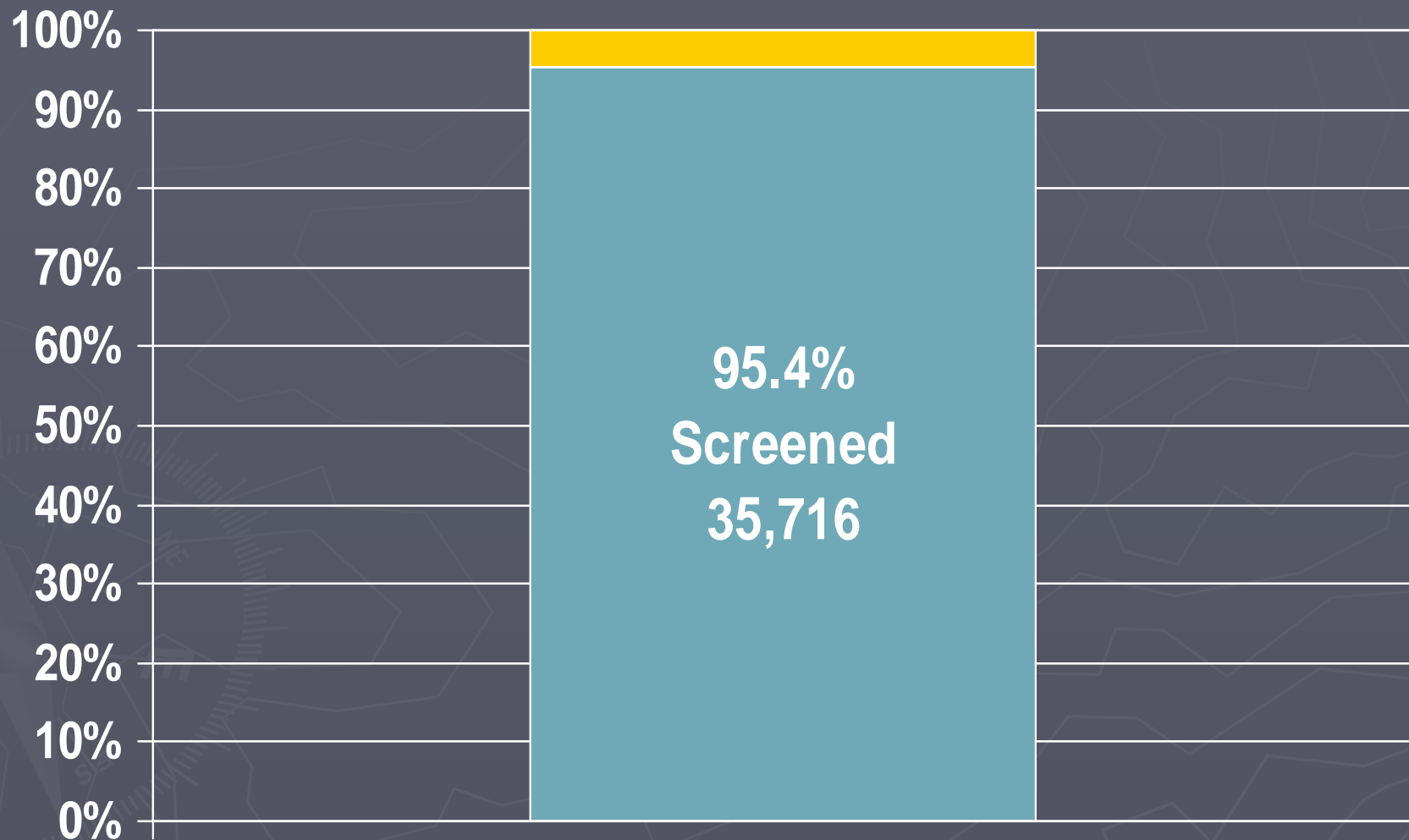
Worksite Wellness Screening
Results

Wellness Screening Flowchart

Starting in 2009



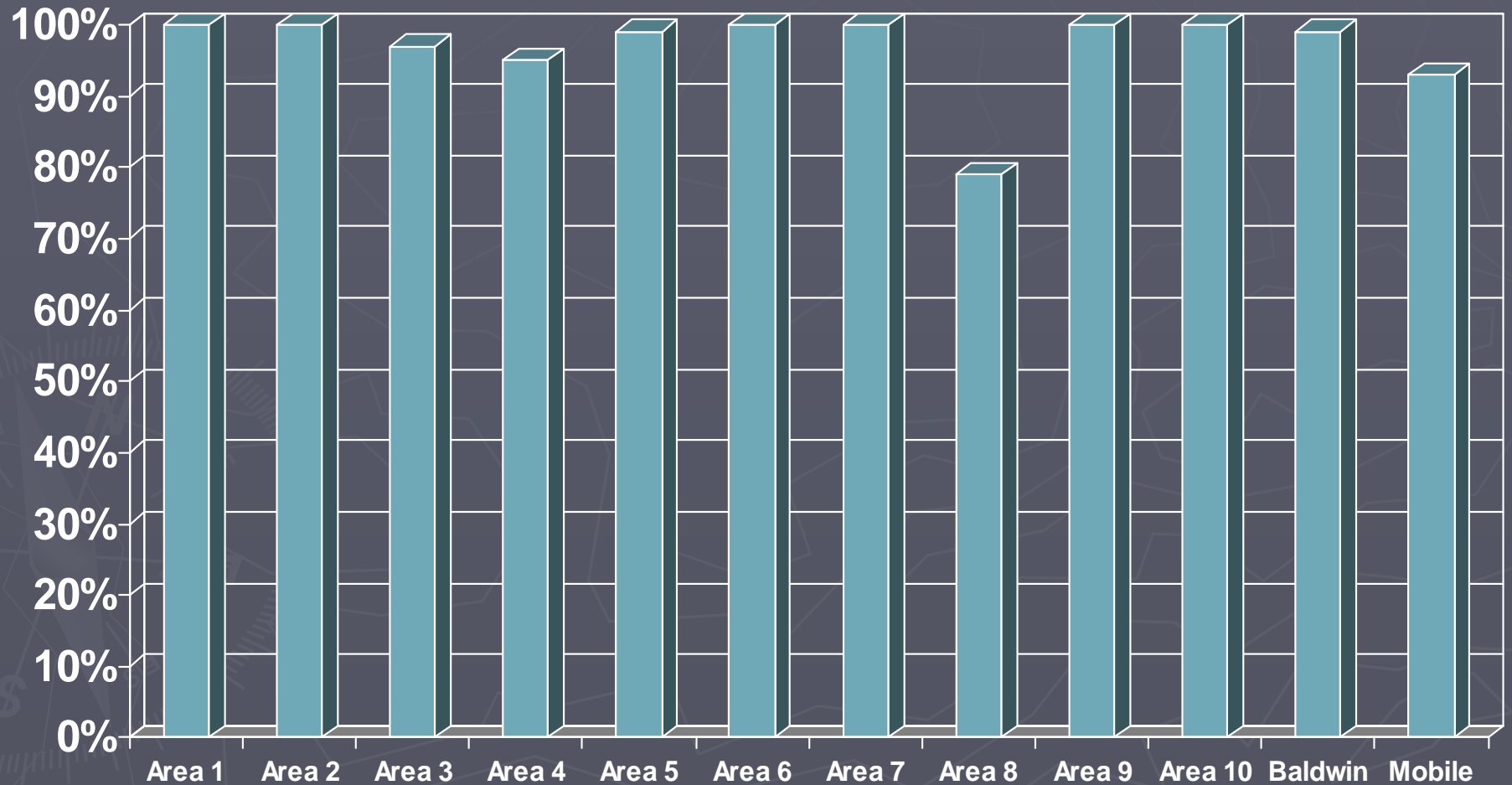
State of Alabama Health Screening Participation



January - December 2009

Public Health Screenings

Percentage of Goal Met

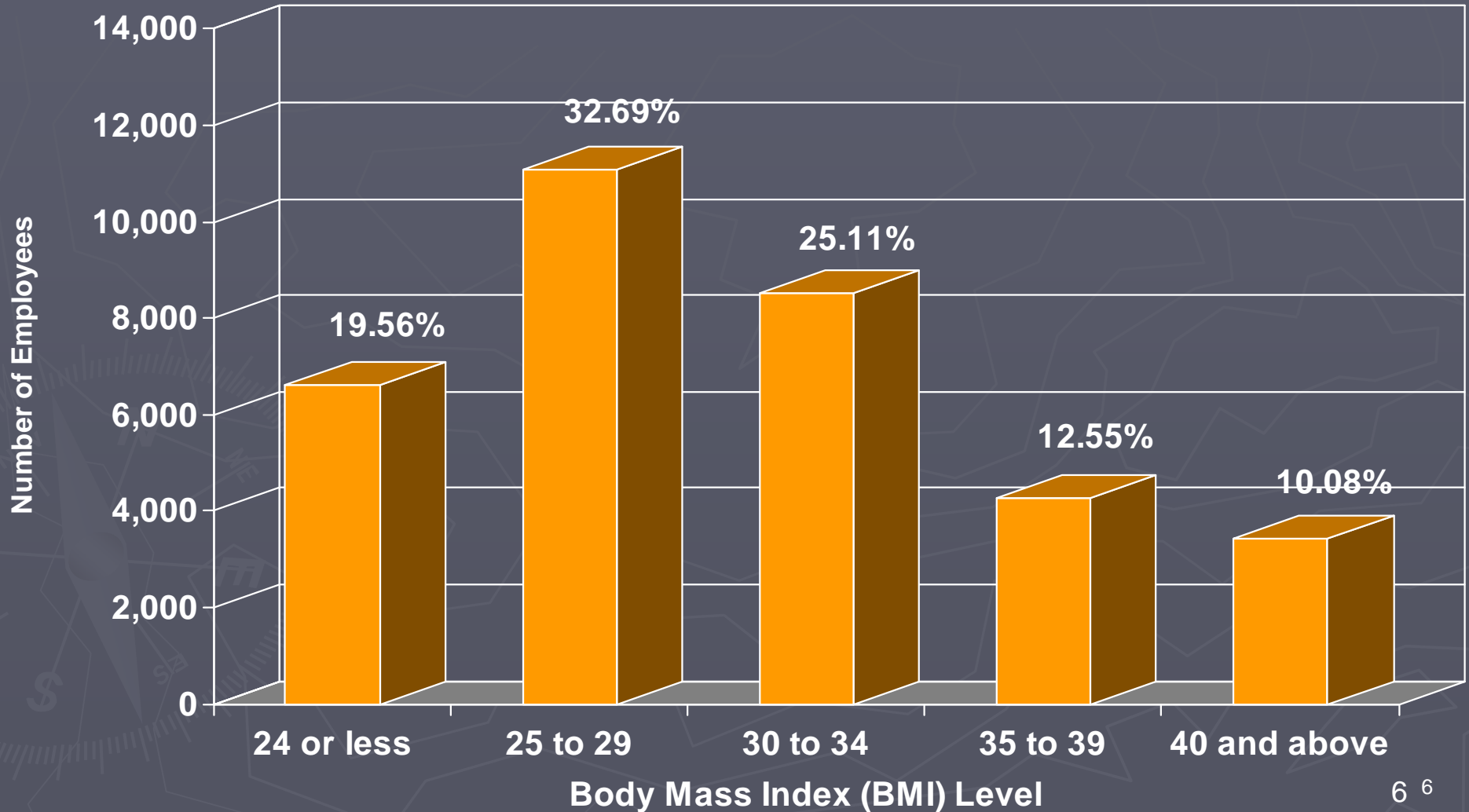


State of Alabama 2009 Screening Results

Risk	Employees at Risk	Percentage
High Blood Pressure (=>160/100)	1,630	4.56%
High Cholesterol (=>250 & Above)	2,210	6.19%
Glucose (=>200)	877	2.46%
Body Mass Index (35 & Above)	7,821	21.90%

State of Alabama Employee Screening Results by BMI Level

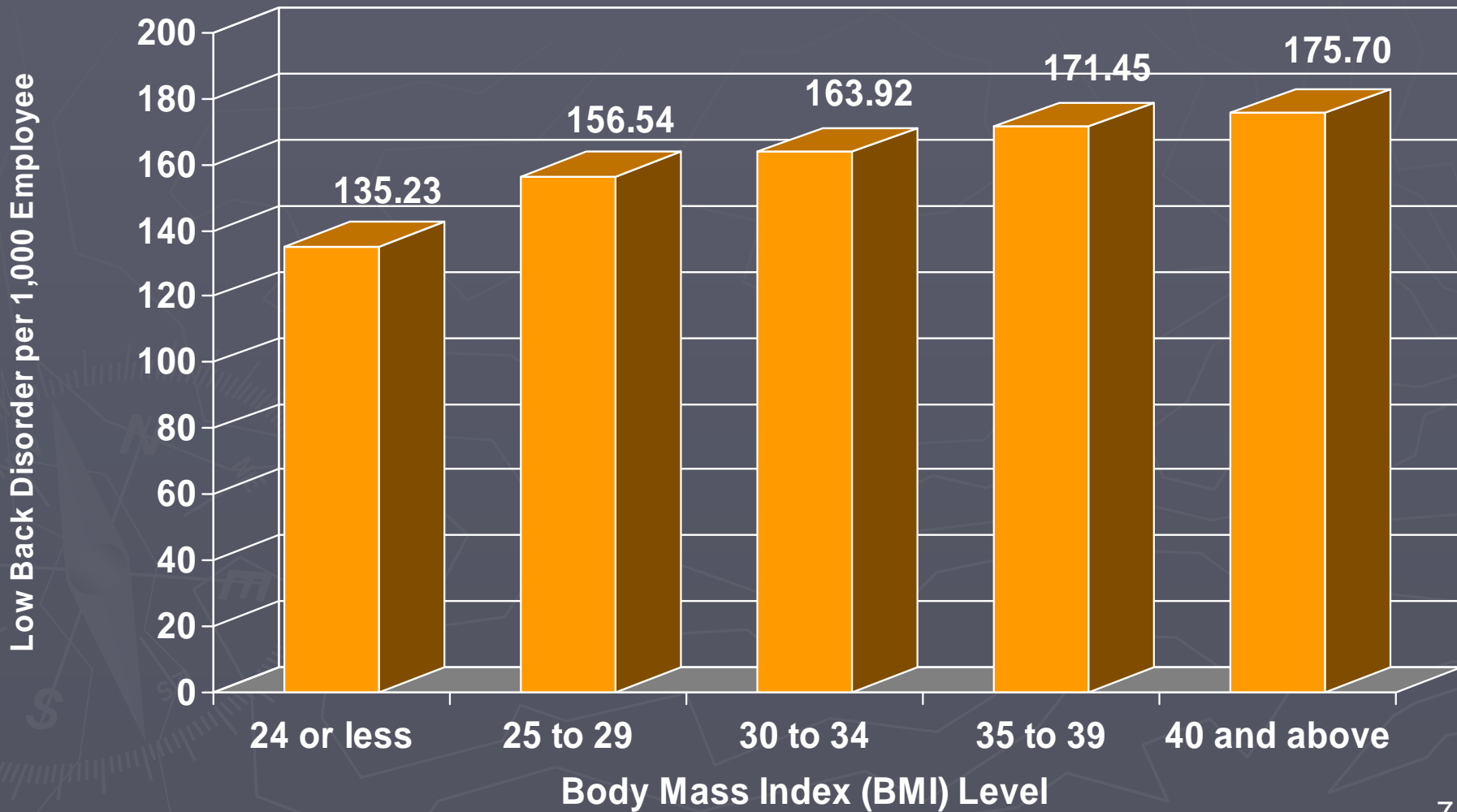
Active Employee Population



State of Alabama

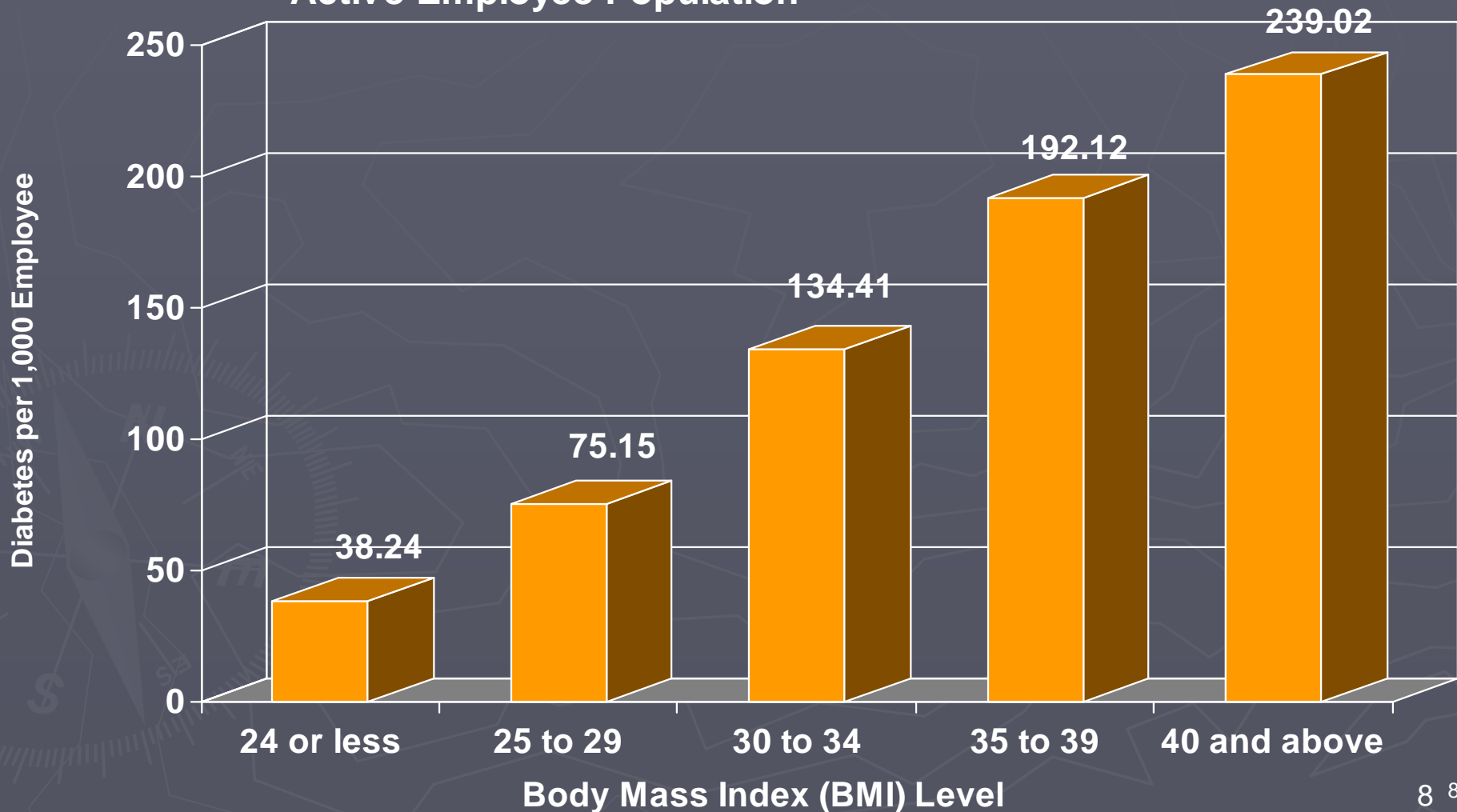
Low Back Disorder per 1,000 by BMI Level

Active Employee Population



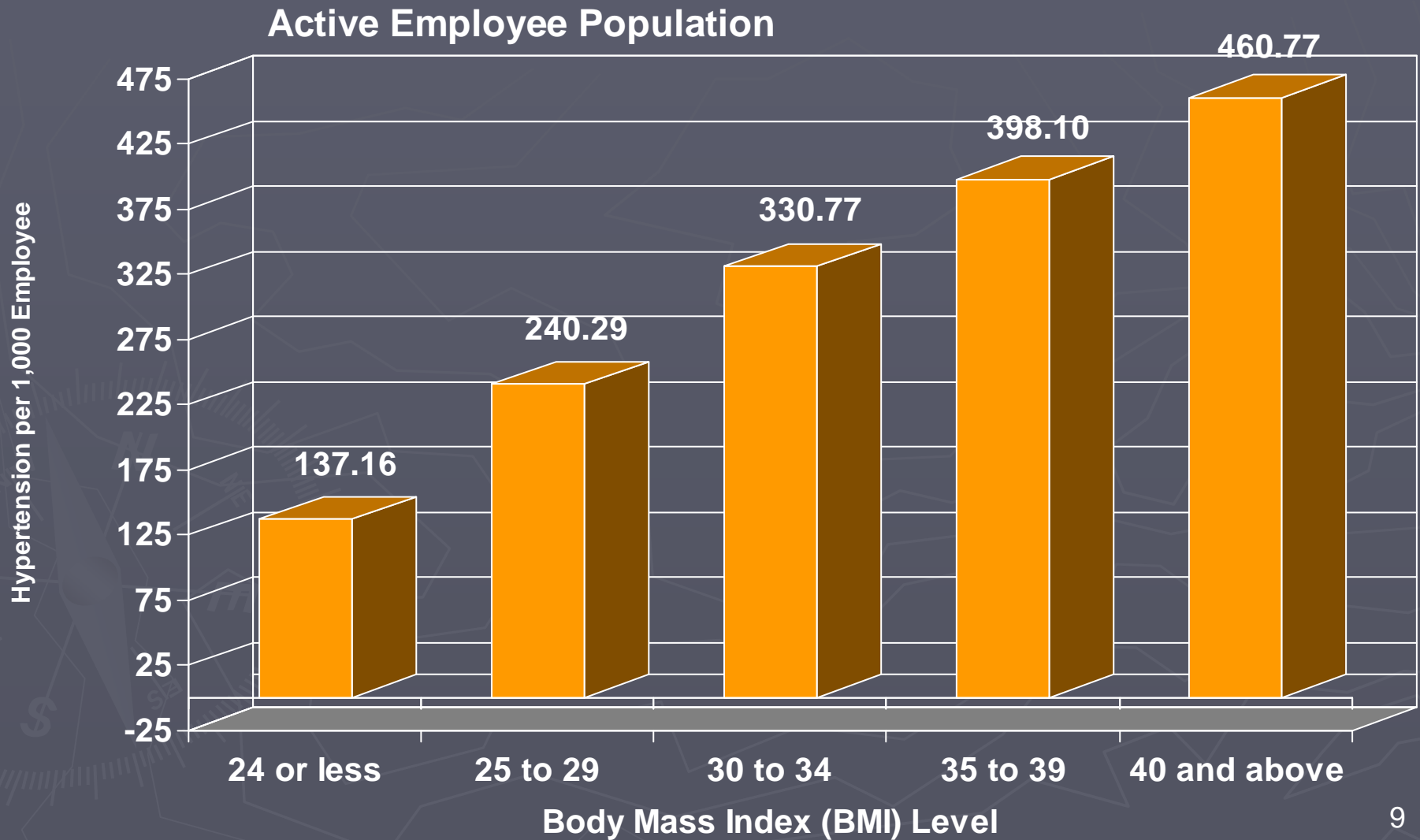
State of Alabama Diabetes per 1,000 by BMI Level

Active Employee Population



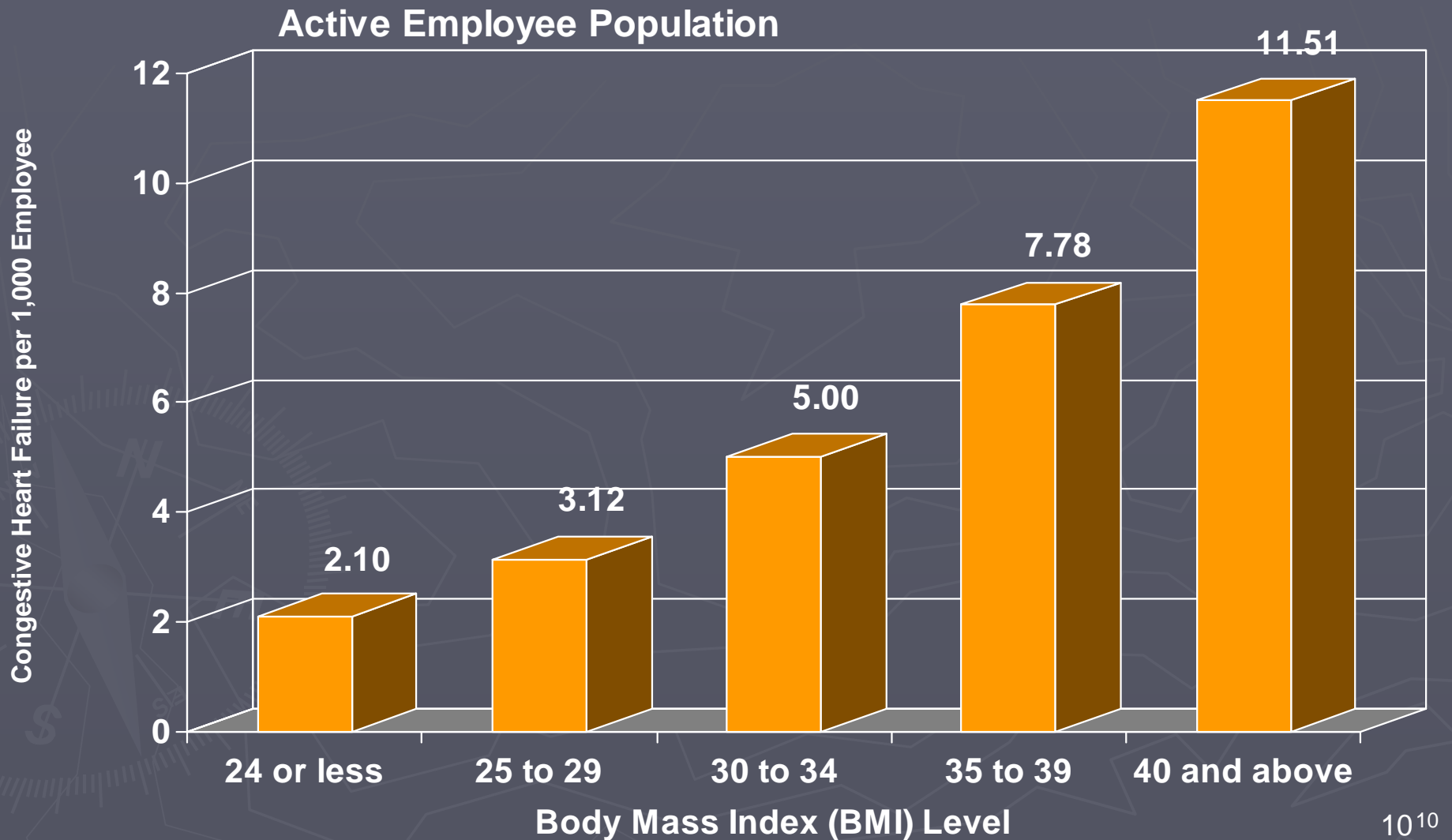
State of Alabama

Hypertension per 1,000 by BMI Level



State of Alabama

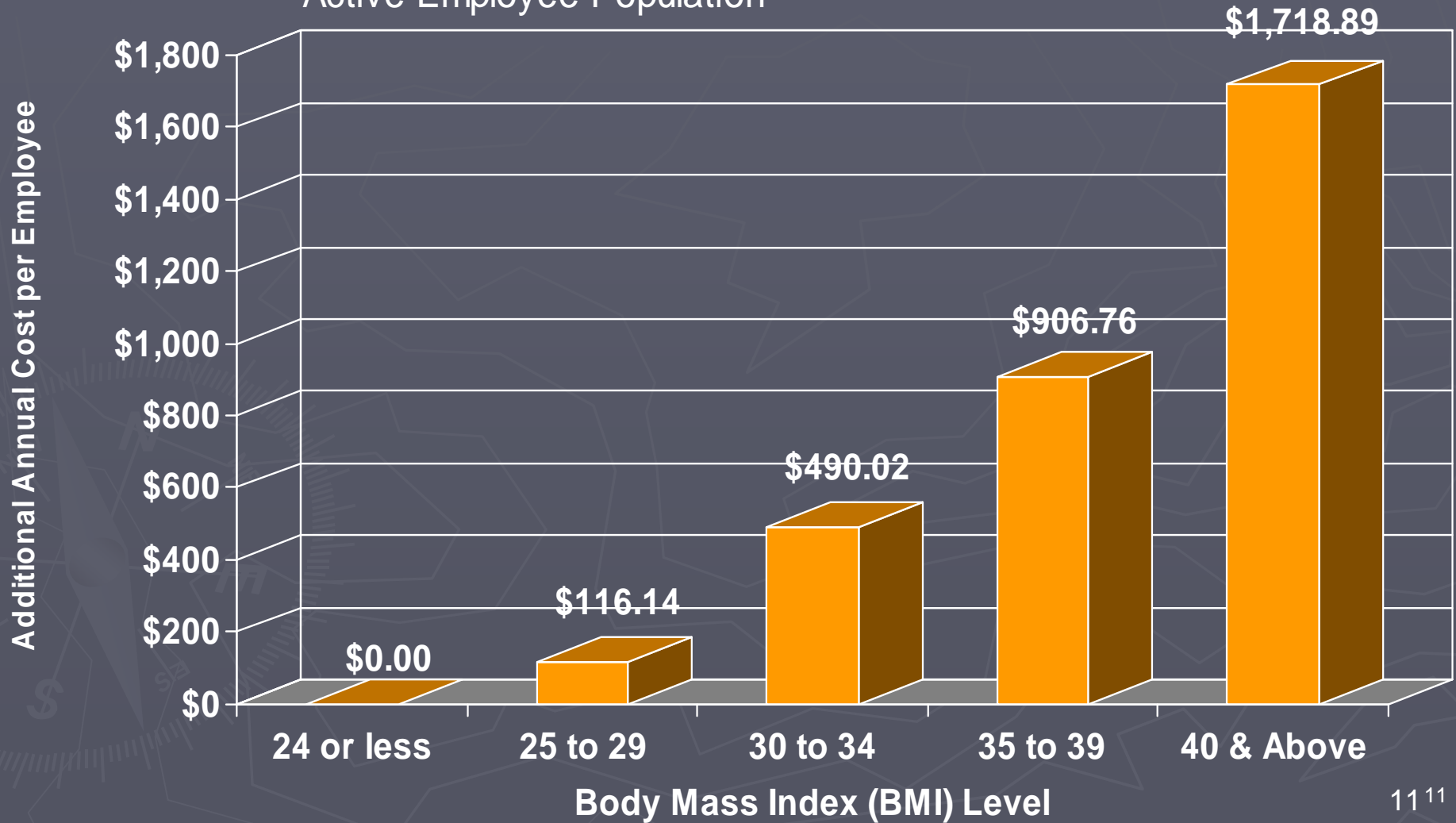
Congestive Heart Failure per 1,000 by BMI Level



State of Alabama

Medical Cost Difference by BMI Level

Active Employee Population



BMI 35 & Above by Age Range

